**St Joseph's Catholic Primary School**

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26th April 2022

Dear Parents,

**Forest School Year 1**

We are delighted that the children in year 1 will be taking part in Forest School this term. Those children not listed overleaf will have their Forest School sessions starting 20th June, we will remind you nearer the time!
Forest School provides an opportunity to develop confidence and self-esteem whilst also developing cooperation and team work skills through hands-on-learning experience in a woodland environment. It complements and incorporates aspects of the National Curriculum and gives children an opportunity to develop their understanding of their environment.

Your child will learn and engage in activities that may include:

- Fire and tool safety
- Environmental awareness
- Woodland management
- Arts and crafts of a seasonal nature
- Games in connection with nature and wildlife
- Holistic and educational activities

Children will be encouraged to develop a 'can do' attitude through risk taking in a safe environment. They will also grow in confidence and develop new found skills. All activities are thoroughly risk assessed and the ratio of adult to child support is closely monitored. Each session is led by qualified Forest School leaders. We go out in all but the very worst weather, so it is important that your child is suitably dressed - please be aware that clothes being worn at Forest School may get very dirty and wet.

The children will be given hot chocolate, those who are dairy free and want hot chocolate please can they bring in the powder that meets their dietary requirements and we will add water to that – thank you.

The children will be split into two groups – see overleaf

Group A will go out in the morning and Group B will go out in the afternoon.

- **Group A** will need to come into school in forest school clothes and bring their uniform into school to change back into after their session.
- **Group B** will need come into school in their uniform and change into forest school clothes before lunchtime, they will go home wearing their forest school clothes.

| **Group A (AM)**<br><br>1. 9th May<br>2. 16th May<br>3. 23rd May<br>4. 13th June | **Group B (PM)**<br><br>1. 9th May<br>2. 16th May<br>3. 23rd May<br>4. 13th June |
|---|---|
| Aidan | Ella |
| Lizzie | Suha |
| Leon | Eleonora |
| Donnacha | Olaf |
| Ervin | Jewel |
| Remie | David |
| Isla | Abhay |
| Jacob | Dylan |
| Skye | Marqus |
| Edith | Vivienne |
| Hudson | Lucas |
| Harry | Hannah |
| Rosemarie | Brielle |
| Alex | Noah |
| Gino | Gautam |

They must have:

- **Wellies or sturdy outdoor boots** (**NOT TRAINERS**)
- A waterproof coat
- Waterproof trousers **– with clothes underneath**
- **Long sleeve top and trousers – must have**
- In cold weathers - with an extra pair of warm socks, a hat, gloves and an extra jumper. (NO SCARVES)
- In hot weather – Sun hat, long lasting sun cream applied before school at home. (We cannot apply sun cream in school.)
- Layers are advisable – dependent on the weather.
- A labelled plastic bag for wet clothes

Please note that all children must wear **LONG** trousers, **LONG** sleeve tops and boots. For health and safety reasons, children not wearing suitable clothing will not be able to participate in Forest School sessions.
If you have any trouble acquiring any of these items, please get in touch.

Kind regards

Miss Bacon and Miss Gattuso
Year 1 Class Teachers